Interacta

AI-Powered Social Skills Training & Roleplay Simulator



CroVision· Global Competition on Design for Futures 2026

The Silent Social Skills Crisis

Today's teenagers are more connected than ever — yet many feel less prepared than ever for real-life social situations.

More Online, Less Face-to-Face

Teens spend more time communicating through screens than in person, leaving real-world social skills underdeveloped.

Rising Social Anxiety

Communication insecurity and social anxiety are steadily increasing among young people worldwide.

Skills Gap in Schools

Schools rarely offer practical communication training — yet public speaking, friendship-building, and conflict resolution are essential life skills.

⚠ **The result:** Many teenagers lack confidence when it matters most — in real-life social situations.

Why Is This Happening?

Digital Shift

online communication is replacing real-life interactions.

Educational Gap

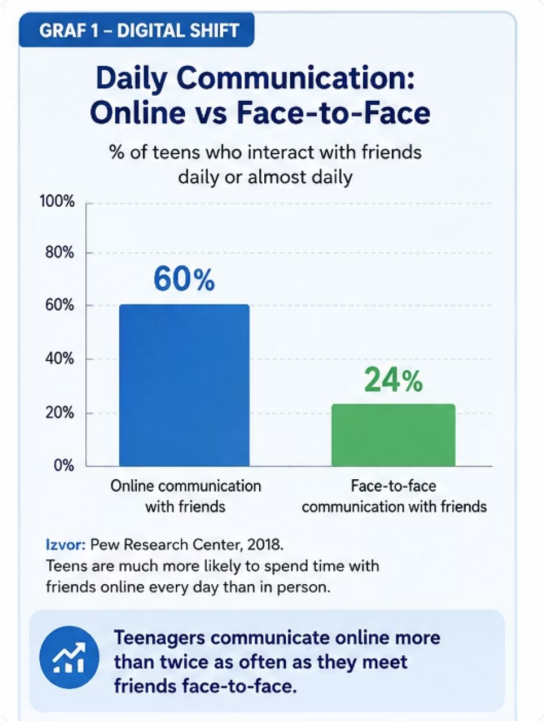
Schools focus on academic knowledge but rarely teach communication skills through practice.

Lack of Safe Practice Environments

Teenagers often avoid social situations because mistakes can feel embarrassing or risky.

Result

A generation that communicates constantly online but struggles in important real-world situations.



Who Is Interacta For?



Teenagers 12–18

Students who want to build confidence and improve how they connect with others.



Students with Social Anxiety

A safe space to practice without fear of judgment — at their own pace.



Parents & Families

Supporting their child's social development with a trusted, evidence-informed tool.



Schools & Educators

A practical complement to classroom learning for schools and educational institutions.

Learning Through Practice

Interacta's approach is simple and powerful — practice, receive feedback, and grow. Every session builds real confidence.



The cycle repeats as users tackle progressively challenging scenarios, turning every interaction into a stepping stone toward greater social confidence.

Core Features



AI Roleplay Scenarios

Realistic conversations with AI-generated characters across dozens of social situations.



Safety Features

Built with privacy and safety at its core: anonymous profiles, encrypted communication, AI moderation, anti-bullying protection, and user-controlled data.



Personalized Feedback

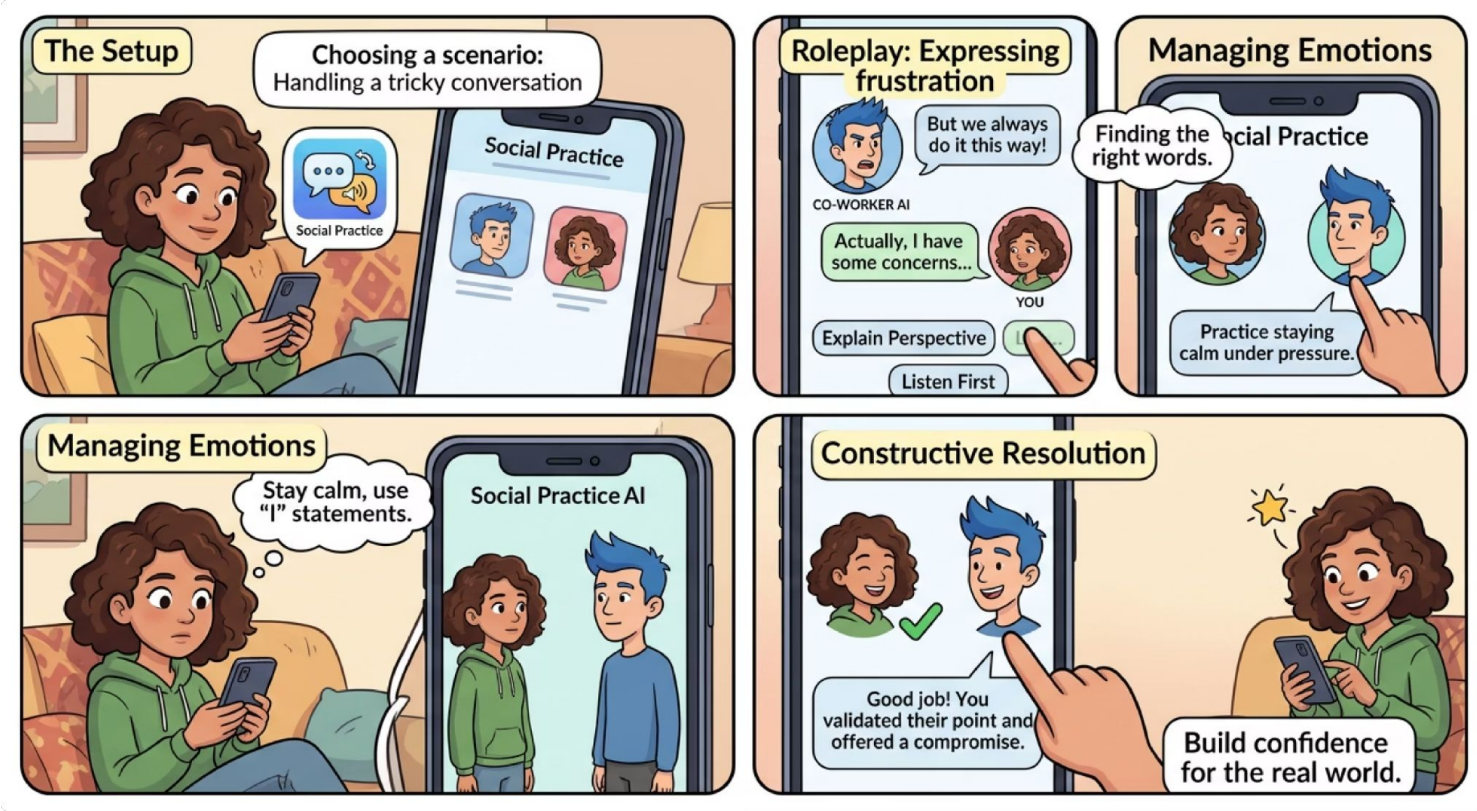
Actionable, tailored suggestions to help users improve with every session.



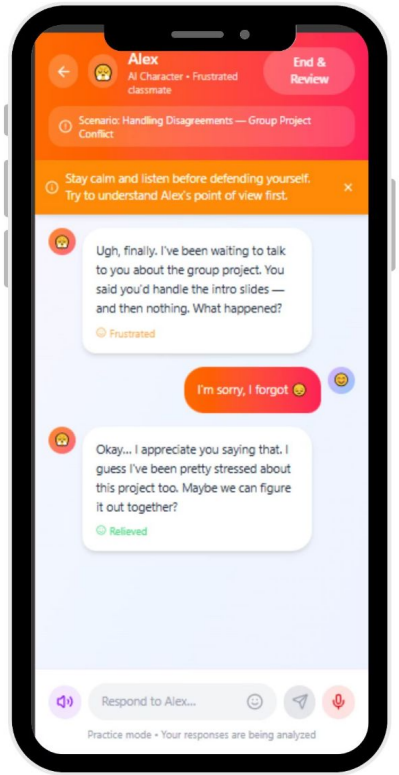
Progress Tracking

Monitor growth, celebrate achievements, and see confidence build over time.

Scenario


The Setup
Choosing a scenario:
Handling a tricky conversation
Social Practice
Social Practice
Roleplay: Expressing frustration
But we always do it this way!
CO-WORKER AI
Actually, I have some concerns...
YOU
Explain Perspective
Listen First
Managing Emotions
Finding the right words.
Practice staying calm under pressure.
Managing Emotions
Stay calm, use "I" statements.
Social Practice AI
Constructive Resolution
Good job! You validated their point and offered a compromise.
Build confidence for the real world.

Scenario – prototype



- **The Situation:** The user interacts with an AI classmate who is openly frustrated over a group project misunderstanding.
- **How It Works:** The app provides real-time emotional tracking and active coaching prompts, guiding the user to stay calm and listen first.
- **The Achievement:** By applying constructive communication, the user diffuses the tension and shifts the classmates' mood from frustrated to relieved.
- **How It Helps:** This builds real-world empathy and conflict-resolution skills in a safe environment where mistakes have zero social risk.



Immersive Social Training with VR

For users seeking a deeper level of engagement, Interacta offers an optional virtual reality experience that brings social scenarios to life.

Virtual Classrooms

Practice presentations and group discussions in a realistic school setting.

Networking Events

Simulate real-world social gatherings and professional introductions.

Public Speaking

Address virtual audiences and build confidence on stage — safely.

Human-Centered AI

Interacta isn't just an app — it's a tool for lasting personal growth.

The AI Does Not:

Replace human relationships
Judge users.
Collect unnecessary personal information

Provide guidance
Encourage growth
Adapt to individual needs
Create a safe learning environment

Future Vision

Instead of teaching communication through theory, Interacta teaches through experience.

Our Innovation

AI becomes a social training partner.

Expanded Scenarios
More categories and real-world situations.

Multilingual Support
Accessible to teens worldwide.

School Partnerships
Integration into educational programs.

AI Emotion Recognition
Deeper, more personalized feedback.

Advanced VR Environments
Full immersive social simulations.

Our mission: Empower every teenager to connect, communicate, and thrive — one conversation at a time.

Interacta

Practice. Connect. Grow.

Building confidence for real-life conversations through AI-powered learning.

Thank You! 🚀

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